



SAINT JAMES CITY CIVIC ASSOCIATION

3300 Fourth Ave, St. James City, FL 33956
(239) 283-0242 info@sjccapi.org



Exercise Class



Hit the mat and tone up! Men and women welcome, suitable for all ages.

Stretching, strengthening, floor work and small weights.

Every Tuesday and Thursday -October to May (check calendar)

8:30 - 9:30 AM

Bring a mat, towel and water!

For more information, please contact the Activity Leader: **Jodee McCollum**



Yoga

Michelle Jordahl Yoga

Phone: 952.221.6256

email: mjordahl5@gmail.com

Restore.offeringtree.com

👤 2021 Fall Yoga Class Schedule:

November 8th to December 20th

Mondays 10:45 am - 11:45 am

Yoga Flow and Roll

7 week class series: Members \$77 Non-Members \$84

Walk-ins (per class): Members \$13 Non-Members \$15

Please bring: yoga mat and 2(two) - 4" yoga blocks for this class
Massage balls are available for purchase

This easy and effective class combines Vinyasa Yoga and Yoga Tune Up, ball rolling techniques. Get to know your body a little better and eliminate some of the many "tight spots" and improve your range of motion. This class is the perfect accompaniment to any form of fitness training and daily activities. Feel Better In Your Body !

Classes are Seasonal - see Calendar for exact dates



Bridge

Has been interrupted by the need for social distancing during the past year. Friday Open Bridge plans to start play in November 2021. We plan to begin scheduling the return of Monday and Wednesday Bridge for the Fall of '21!



Happy Islanders - Mondays 12:30 to 4:00pm, seasonal - see calendar for exact dates

We are now an open group for experienced players. You don't need a partner - just come on down to the St. James City Civic Association and join the fun!

Contact: Kay Winter

Mary Tobias

Hope to return Fall '23

Slam Bidders - Every Wednesday afternoon 12:30 to 4:00pm, all year long! Try to be here by 12:15 to sign in. It'll cost you \$3.00 for a whole afternoon of fun with the friendliest, kindest bridge group (or so we are told!) If you win, place, show, come in 4th OR bid and make a slam you might take home some winnings!

To join our group you should have some knowledge of the game, but you needn't be an expert. We play to have fun and exercise our brain cells - gotta keep 'em sharp! Give us a try!

Contact: Joyce Coryell

Hope to return Fall '23

Friday Open Bridge - Fridays 7:00 to 8:00pm, seasonal - see calendar for exact dates

We are now an open group for experienced players.

Contact: Bonnie Love



Euchre

An excellent social card game usually consisting of four players in teams of two. Join this popular game of trump naming, trick taking, betting and some reneging!

We play during season on Wednesday nights from 6:30 to 8:30pm. Come and join us! We would love to teach this relatively easy card game to beginners. We play for fun - stop by!

Contact: Darlene Bender or Jan Robertson

mah-jongg

,mä'ZHÄNG, ,mä'ZHÔNG/

noun

1. a Chinese game played, usually by four people, with 136 or 144 rectangular pieces called tiles. The object is to collect winning sets of these tiles, as in card games such as gin rummy.

"The Ladies of the Tiles" enjoy getting together for fun, laughs, snacks and, oh yes, lively games of Mah Jongg. We play by the National Mah Jongg League rules which make it easier for newbies to blend in right away!

We play for mardi gras beads, not money. Those who are curious, just beginning, or seasoned players are welcome to join us for some serious, but playful, competition.

Mah Jongg players meet each Saturdays from 1:00 - 4:00PM, all year.

For more information, please contact:

Melanie Giangrant

Paula Bruckner

Peggy Finley





Cribbage

Cribbage evolved from an earlier English game called "Noddy," and the man credited with inventing it is Sir John Suckling, a wealthy English poet. Cribbage affords players both the anticipation of the luck of the deal as well as ample opportunity to exercise their skills in discarding and play.

One of the novel features of Cribbage is that a Cribbage board is used for scoring rather than the usual pencil and paper. The rectangular wooden board is equipped with holes that accommodate pegs. The board speeds up scoring, and in this fast-moving game, pegging greatly reduces the chances for errors in computing scores.

Join us at 6:45-9:30PM Thursdays, December thru April - see Calendar for exact dates

For more information, please contact the Activity Leader:

Mike Mulder

Dominoes

New! Dominoes: A domino is a small tile that represents the roll of two dice. The tile, commonly called a bone, is rectangular with a line down the center. Each end of the tile contains a number. In the most popular domino set, the double-six, the numbers vary from 0 (or blank) to 6. This produces 28 unique tiles.



Tuesdays 6:30PM *NOTE:** See the calendar for dates - this group is currently full; please contact the Activity Leader

For more information, please contact the Activity Leader:

Fran Wolford



Ping Pong

Ping Pong matches are played seasonally September through April (or all year, if there is an interest!)

Mondays 9:00 to 10:30am and Thursdays from 9:30 to 11:00AM

For more information, please contact the Activity Leader:

Cheryl Dion



Line Dancing

Activity Leader: **Chris Miley**



Hoe-downs are held seasonally, December through April on Mondays from 4:00-5:45PM. Check the Calendar for exact dates.

Line Dancing is a community activity, where dancing is celebrated & friendships are formed. You don't need a partner, equipment or experience to enjoy this low impact exercise.

Wear a comfortable pair of shoes you can move in and you're all set!



SHUFFLEBOARD

Join us for Shuffleboard! We have outdoor courts with shade and seating.

We play during season from November to April, every Tuesday and Friday morning at 9:00am.
See the calendar for exact dates and times.

For more information, contact the Activity Leader:
Richard Cleenput

