

SJCCA March 2013: sjccapi.org

Our Fiftieth Season

Membership Call 910-3203

E-mail us at: membership@sjccapi.org

SJCCA Big Breakfast 8-10am

Sat. March 16

The \$6 All You Can Eat Breakfast--eggs, sausage, toast, biscuits and gravy, coffee and tea also with Chef's surprise--comes just before St. Patrick's Day. Celebrate our 50th Season all morning with Jodee's Orange Juice Bar (or Mimosas.) Volunteers can sign-up on the bulletin board or call KB (food service) 282-1590. Vendors call Cindy 282-9478. **Brand new items from Hobby Artisans will be available.** SJCCA is located at 3300 Fourth Avenue (Fourth and Lemon Streets) in the heart of St. James City. We are on Face Book, too.

Rules for Working Out: *You may not lose drastic weight, but you will learn an amazing amount about the locals and what's happening on Pine Island and at the clubhouse.*

Jim & Naomi Brewer Receive 2013 Ward Award

Naomi and Jim Brewer are thirty-two-year members of the St James City Civic Association. "We love working at the Association," Jim says. "We have a kind of reverence for the building." That's because of all of the effort and time they have put into SJCCA. The Brewers recruited the volunteers and ran the SJCCA rummage sales for 20 years—running a sale with each SJCCA Festival and picking up items all over the island throughout the year for all the sales. It became a major source of our funds.

Jim has been a SJCCA Director and held the office of President during 1987 while Naomi Brewer held the St. James Hobby Club Presidency in 1987 and 1988. Together with the SJCCA board of directors and engineer Bill Adams, Jim was responsible for replacement of the septic system—the new one nicknamed Mt. Adams! SJCCA happily uses it today.

No job was too big or too small. Jim did carpentry and fix-it-work on the building, and Naomi with other Hobby enthusiasts, annually spring-cleaned the civic building. They also remember cleaning out the awning grooves and the jalousie-windows after the association got egged—in 95-degree weather! Jim even patrolled the parking lot during one bingo season after one player found the air let out of his tires!

The Brewers remember working dances once a month, New Year's Eve Dances, and even a Disco Night at the Civic. If they weren't making popcorn, they were cooking special brats which had to be ordered from Dubuque Iowa and/or steak sandwiches for the all-day Spring Festivals featuring the Orange Blossom Special Band. They ran Pot Luck at the SJCCA on and off over ten years as well.

SJCCA isn't their only Island spot to volunteer. They are very active in MOTI –Naomi being President in 1992 and still MOTI Vice President today. They were also very active in helping with the fund-raising for the bike lanes in St. James City, too.

NOTE: SJCCA will present the Ward Award (named for the meritorious service of Ruth and Dennis Ward) annually to individual(s) who have made outstanding contributions to SJCCA. Please take the time NOW to write a letter with the brief history of any individual(s) who have made significant contributions and submit the name(s) to any

2013 MEMBERSHIP APPLICATION - also available at: www.sjccapi.org

Please mail to: SJCCA, PO Box 605, St. James City, FL 33956 Dues payable for Jan - Dec. calendar year:

One year: \$15 per person, \$30 per couple.....**Century Club Gift** of \$100 _____ \$250 _____ \$1,000 _____

NAME(s):Mr.: (first) _____ (last) _____

Ms. OR Mrs.:(first) _____ (last) _____

LOCAL ADDRESS: _____

City:(SJC BOK MAT or Other): _____ State _____ Zip _____

PHONE: Local _____ Off Season: _____

E-MAIL ADDRESS: (PLEASE!!) _____

Please send my SJCCA Newsletter to: (Save us postage if you can!!!)

_____ My E-mail address (Best option) _____ My LOCAL address, above

Activities I attend _____

board member, or simply place the letter in the SJCCA office for consideration. DO THIS before you leave, please!

Lanai Project Moves Forward

The construction of a lanai to replace the screened area of the St James City Civic building is making progress. Designed to square out the building, the initial steps of moving the air conditioner condenser system and removal of the screened porch have been completed. The next steps, which may take more time, include determining the permit requirements for the concrete pad and the hurricane resistance requirements of the roof. These will involve cement and aluminum contractors.

Actual construction is scheduled to start before the onset of the rainy season and for the project itself to be completed before the return of the snowbirds in the fall. The funds for the project are in hand and the committee has determined the steps required in the near future. *Contact Dennis Ward 283-3740 and Mary Ann Harms 283-9337 with questions.*

Have an Activity looking for a place?

Contact Scheduler Jodee at 239-283-4790.

A visit to exercise class is always better than Nachos and Margaritas. Okay, that's a lie but go back to exercise class tomorrow!

En-Vision 2018: Member Survey

1-What services, programs or events must the SJCCA Board "get right" or do better to live up to our potential?

2-What improvements to our building, facilities, kitchen, A/V tools should we attempt by 2018?

3- What paid services or staff should we have?

4-What increases membership, enthusiasm and volunteerism?

5-What funding sources might exist for SJCCA five years out?

E-mail your responses to judygreen7@aol.com

Place written responses in the office.

You won't get your "six pack" back in three sessions.

Stick with it all season to discover the new fit of clothes that were here-to-fore "hangers on" in your closet!

Pickin' in the City: 2nd & 4th Sundays of each month:

March 10th and 24th at 2-5 pm outside on the grounds of St James City Civic Assoc. Bring a chair and enjoy music by local musicians; bring your own instruments and join in. Any questions, call Cindy 282-9478. Pine Island Sound (Darryl Tison and Alan Bickford) will be there.

"Hot Shots" Photography Club meets 7-8:30pm on Monday March 11 and 25. The hotshots enjoy a lesson each week and share their photos via memory sticks or c/d on the digital TV or prints.

Field Trips planned. All levels of photographers in this club. Call David 282-2216

Let's do a SJCCA card party, casino, bunko night in April! Call Sharon with ideas 283-7141!!

P I 'Five O' Loses 102 Pounds at SJCCA

Pine Island 'Five O' participants have lost 102 pounds at the Saint James City Civic Association since January 4, 2013. "The P.I. 'Five O' name represents us," says Jodee McCollum SJCCA Exercise Instructor and group coordinator. "We are all Fifty-plus in age. We are celebrating SJCCA's Fiftieth Anniversary season, and through sensible life-style choices, we are continuing to lose weight—more than 50 pounds per month as a group!"

Nineteen folks weigh-in at 10:30am each Friday morning at SJCCA. Then they meet for thirty to forty minutes to exchange recipes, helpful exercise and diet tips, and to provide mutual encouragement for a healthier life. P. I. 'Five O' has users in many life choices including the Mediterranean food regimen, weeding-out foods your body is allergic to, increased exercise approach, a committed Vegetarian, and at least four members using "My Fitness Pal" Apps to keep track of food intake and exercise expenditures on I-phones or computers.

Two books being cited are: Younger Next Year: Turn Back Your Biological Clock by Chris Crowley and Henry S. Lodge, M.D. and AARP New American Diet: Lose Weight, Live Longer by John Whyte, M.D. Dr. Oz gets quoted, too.

"Want to eat, lose weight, and leave the table without feeling hungry? Become part of P I 'Five O'," Jodee says. "It costs \$5 to join and \$1 per weigh-in. We are just covering the cost of making copies of recipes."

Exercise Class meets Monday, Tuesday, Thursday and Friday mornings at 8:30 am at the SJCCA center on 5th and Lemon in St. James City. Class includes stretching, working with weights, floor work, and walking--all in the air conditioned facility. Classes are open to the public, welcome drop-ins, and include men and women of all ages. SJCCA members receive discounts. Call Jodee at 283-4790 for information or visit us at sjccapi.org.

"Sit-ups, Squats, Jumping Jacks" you hear serious gym rats say, and it is true. If you aren't doing them, take a \$100 bill and set it on fire in a garbage barrel once a month for all of the good that will do you.

Shuffleboard on Tuesdays and Fridays
Call Richard Cleenput 283-4640.

Roy Kibbe Discusses Clam Farming in Our Local Waters. You have been to the end of Palm Street and purchased the freshest seafood from Kibbe's local fish-house. Meet Roy Kibbee, hear his story and learn a lot about our local waters.
Mon March 18 at 7pm at 3300 4th Avenue, St. James City, 33956 (4th and Lemon).

Saint James City Civic Association
P.O. Box 605
Saint James City, FL 33956

General Meeting: March 18 at 7pm
Kibbe Discusses Clam Farming
Meet one of our neighbors!

Mah Jongg has moved to **Thursdays 1-4pm:** Friendly Players and Skilled Teachers play weekly. Contact Pat Johnsen at 283-8368. No better place to try your hand at Mah Jongg, to meet other beginners or to enjoy playing with really experienced players.

Nutrition is half the exercise battle. Do not conquer the gym and then conquer the Cheesecake Factoryor Hamburgers and Fries at..... I don't know....The Legion, the Ragged Ass, the Moose... Low Key Tiki

Women to Women (W2W) Continue 2013 Season

On the First and Third Friday, SJCCA women get together from 3:30-5:00 pm for fun, facts, and frivolity. Coordinator for W2W is Jan Ramsey ramsey9786@att.net

- **March 15th** Kayaking at Jodee's;
- **April 5th** Travel Experiences (share your favorite trip) hostess Jodee;
- **April 19th** Nearly New Accessory Swap.
- **May 3rd** Bell's Secret Demo III

Make sure you read every gym contract carefully. That gym you signed up for in 1989—check your credit card statement: You're still paying \$12.99 a month through 2029.

SJCCA's Fifth **Art Expo**, the brilliant **Feb 22-23** juried event created and chaired by Mary Ann Harms, had an Artists' Reception organized and catered deliciously by Melissa Myers. Thanks to the juried artists, to contest photographers, and to our raffle sponsors **Two Fish Inn**--one-night stay and gift tote won by Ray Morge--and **Belle's Secret Spa** Gift Basket won by Joanne C. Thanks for donations from artist Rachi Farrow, Low Key Tiki, Sandy Hook, Hobos, Winn Dixie, Waterfront, Ragged Ass, Jody McCollum (travelagentjodee@yahoo.com), and Salon LA. Thanks to Wayne Harms and all who helped him set-up and place signage. Congratulations to First Place winners in the Photography Show -- Jan Clements, Novice Color; Jack McManus, Advanced Color; and Mike Astle, Advanced Monochrome. Best in Show was the "African Crane" by Barbara Morris.

For this our **Fiftieth Season at SJCCA**, our Chefs K.B. and Stephen and their volunteers have done a phenomenal job with three **Big Breakfasts** and the **Holiday Dinner. Spaghetti Dinner** Chair and Chef B. J. Austin (she makes the best home-made meatballs!) and her volunteers did a terrific job February 19th. Thank you Idle Speed for playing. Kudos to Captain Jack for creating our biggest **Beck Boat Rally** ever. We also thank vendor coordinators Cindy and John, our host/hostess coordinators Joan and Phil, our **Pickin' in the City** organizers Cindy and Pine Island Sound, **Flea Market** organizer Shelley, and **Golden Brush** seminar coordinator Linda. Additionally, a rousing shout-out goes to every Activity Leader at SJCCA—all twenty-one of you!

Finally, thanks to all SJCCA members and volunteers for a resounding Fiftieth Season--as well as Pine Islanders--for turning-out to support our special events and our weekly activities.

Sincerely for the SJCCA Board of Directors,
Sharon Lee Astle, President
