

# April "Extra" 2018 Bulletin

Saint James City Civic Association
3300 Fourth Ave, St. James City, FL 33956



"Twenty-seven amazing reasons I love teaching yoga are in this picture! **Thank you students** for sharing your smiles and your practice with me"! **Jaime Boswell, Yoga Instructor** 

### Students share their thanks from Thursday morning yoga with Jaime.....

**Thank you, Jaime** for the awesome yoga classes! Your instructions are explicit and your kind, soft spoken voice is very soothing. You do so well at accommodating all your students at our various levels. I will definitely be signing up for the entire season upon my return in December. So great to build strength and endurance without high impact exercise and no sweating. I especially enjoy the relaxation at the end of each session! ~ *Chris Williams* 

**Jaime, you make yoga easy** for any level of practice with your clear and simple to follow directions. Thank you for providing these enjoyable Thursday classes for all of us! ~ *Kathy Colligan* 

Yoga classes with Jaime Boswell **return in November** - Jaime will offer Thursday **and Friday** morning sessions! Keep an eye on the calendar and our website for more information......



**Yoga Tune-Up with Michelle Jordahl** 

Michelle's Yoga Tune Up classes using rolling techniques combined with Vinyasa Yoga were enjoyed by many this season. The Therapy Balls worked wonders for those who needed to relieve stress and tension.

"Feel better in your body".

Fit Image Company



#### A message from Michelle Jordahl:

"Thank You! I had good attendance with a core group of people. Next year I will be continuing Monday's classes at 11:00 beginning November 5th.
In January I will be adding a Wednesday 4:00 class as well".

Michelle is off to Minnesota for the summer! See you in November 2018!

\_\_\_\_\_\_

**The results are in!** A majority of our members **voted "Yes" to the revisions to the Bylaws** of the St. James City Civic Association, Inc. dated March 15, 2018. We received a total of eighteen (18) votes - sixteen (16) "Yes", one (1) "No" and one (1) proxy vote given to the board of directors. The current Bylaws are posted on our website on the "About Us" page. Thank you to the members who took the time to review the changes and cast their vote.

As our <u>seasonal members</u> begin preparations to leave, remember that you may drop off non perishable food at the civic center! All **donations benefit the food pantry** on Pine Island - Thank

You!



## Dear "You"......

I would like to ask all of the members who are reading this newsletter a huge favor. As the volunteer editor of the newsletter and "webmaster" for the SJCCA, I think there must be more that I can do. Although I try to gather information, pictures and items that will interest our members and visitors, I do not receive much feedback from "you".

"You" are not the board of directors, activity leaders and volunteers. "You" are the members of the SJCCA who attend the events and participate in the activities. "You" are a large group of over 300 of our friends - many have been part of our family for years, others may be new to the clan.

"You" are much more than a member to the SJCCA. **We depend on "you"** to plan new activities, enjoy the meals we serve and come to special events. If we do not know what "you" liked, what interests "you", what "you" could take-or-leave, then we are not using our resources wisely.

**So, let's get back to the huge favor!** As this season comes to an end and "you" make plans for the summer, think about the SJCCA. What would "you" like to see next season? We have a place to gather - inside and outside. Do "you" have family visiting - any children or teenagers? Think of all "you" can do with our wonderful resource - the SJCCA!

Jot down your ideas, discuss them with friends, send me an email, talk to your family, involve the kids (young and old!). Don't be shy! We need "you"! I need "you"! "You" need "you" to keep your SJCCA filled with fun and interesting things to do!

Some of "you" may not be reading this - about 120 members on our email list do not open the Newsletters. I hope the reason for this is not the content....boy, I hope it's not the content....and some other glitch.

So, there "you" have it! I hope y'all give my **Member Challenge** some serious thought. Then I hope you share those thoughts - drop off at the SJCCA office mail slot, mail to PO Box 605, St. James City, FL 33956, email info.sjcca@gmail.com or complete the "Contact Us" page on the SJCCA website.

Thank "You" so much for your help! Kathy Myers

# Clubs, Games and Groups.....

The **Pine Island Photo Club** will have it's last meeting of the season on **April 23rd at 6:30**. Starting with a NatGeo DVD followed by a discussion on the techniques and concepts viewed in the Lesson . This will be Lesson 5 of 29. **Contact: Andy Bergsten 617-347-5086** 

\_\_\_\_\_

**Ping Pong -** Monday and Thursday from 9:00 am to 11:30 Ping Pong is played in the small room, both singles and doubles play - stop by for a game or two! **Contact: Jim Sullivan (239) 896-0199** 

-----

Easy Does It Beginner Line Dancing - will return in December!

-----

**Exercise Class - Tuesdays and Thursdays - 8:30 am to 9:30 am**. Men and Women of all ages are welcome. Come stretch with us! \$5.00 per class.

Contact: Jodee McCollum (239) 283-4790 travelagent jodee@yahoo.com

-----

**Shuffleboard -** Attention all Shuffleboard players! Shuffleboard meets every Tuesday and Friday at 9:00 am. Please <u>arrive 15 minutes early</u> so teams may be chosen. **Contact: Richard Cleenput (239) 283-4640** 

### SHUFFLEBOARD by Michael Schreibman

is played during the season **Tuesdays and Fridays beginning promptly at 9am**, and ending at 11 am. Teams are chosen by lottery, but occasionally, the more skilled and experienced players will pair with beginners to make the play more even.

While not physically demanding, the game is surprisingly challenging and rewarding. It is played outdoors in shade and it requires a team effort, often with new acquaintances. It requires offense, defense, and complex strategy for blocking, defending and scoring. You will find a varied group of men and women of all ages and abilities who enjoy the friendly, but stimulating competition!

Add the aspects of shuffleboard play all together and that makes the game a wonderful way to spend a few hours each week with your neighbors. All are welcome. We can accommodate about 20 players at a time, and before long beginners will be confident with reasonably competitive play. If you have modest hand-eye coordination and are willing to learn a new skill, you will enjoy shuffleboard with this group! Come and play or just spectate - you will be surprised at how fun and interesting this game can be.....

**Order of the Golden Brush** - SJCCA'S painting group welcomes novice and experienced artists **every Tuesday morning**. Bring your brushes, your friends and your muse and meet us on the lanai **at 9:30 AM** 

Contact: Linda Selleck at (239) 283-5207 for further information

-----

Bridge.....

<u>Happy Islanders</u> - Meet every Monday 12:30pm - No partner needed.

Contact: **new activity leaders** Kay Winter (239) 283-9760 and Mary Tobias (239) 671-7160

<u>Slambidders</u> - Meet every Wednesday at 12:30pm all year round! Join us - Contact: Joyce Coryell (239) 283-8254 orchid4ever@embarqmail.com

<u>Friday Open Bridge</u> - Meet every Friday at 7:00pm - all are welcome! Contact: Bonnie Love (239) 224-2533 bjwplove@gmail.com

-----

#### Mah Jongg - Thursdays at 1 to 4pm

Join us for an afternoon of fun, snacks and friendship. All are welcome. If you have been wondering about the game or haven't played for awhile why not join us? New cards are expected soon and sure to be fun for all of us as we learn the new hands. Any questions?

Contact: BJ Skribiski (239) 283-9140

-----

**Island Crafters - Wednesdays at 9:00** We have a new project every week! Show your creative side - everyone is welcome! **Contact: Ellie (973) 650-9168** 

**READ AND RETURN LIBRARY** which is free to members. We have a nice assortment of books ranging from the ubiquitous cook book to mysteries to literary fiction to history and opinion pieces. Stop by and browse...then borrow if you find something you like. The library is in " the little room". Enjoy!

-----

**Book Club** - Second Monday of each month - 9:30 am. Come at 9:10 am to help set up, socialize, enjoy refreshments. We start promptly at 9:30! Contact: Email Carol Roscher at carol.roscher@gmail.com for more information.

-----

**Cribbage** - The cribbage group meets every Thursday at 6:45pm at the SJCCA **through April!** New players are always welcome. Come out and have some fun! Contact: **Mike Mulder (239) 558-5786** 

-----

**Euchre - Wednesdays** at 6:30 - 8:30pmthrough mid-April Need to know more? Come by and check us out!

Contact: Peg Cullen (239) 283-6498

pcullenartist@hotmail.com

-----

**Century Club** - The **couples bridge marathon** has donated \$330 to the Century Club. Our thanks to all of you!

Contact: Kay Winter 239-283-9760kbwinter98@gmail.com

## Reminders and Clarifications

If you have ideas or suggestions for our newsletter, our website, or our Facebook page, please contact us! We want to know how we are doing and if we can improve. Feel free to share your news or celebrations with other members in our newsletter - **Email: info@siccapi.org** 

\*\*We no longer have the resources to mail out Newsletters through the post office. However, if you are a **current member** and provide us with your email address, we will add you to our list! If you would like to **print out a Newsletter** (current or older), please **go to our website at the link below and select the Newsletter tab**. The email version of our Newsletter is for viewing/reading.

\*\*We are looking for pictures of activities, events and people enjoying our Civic Center. If you have any pictures (photos, digital or negatives) you would like share on our website? Please contact us if you can help: **Email: info@sjccapi.org** 

\*\*A **Members Only page** was created to provide our members with information such as financial reports and minutes to board/association meetings. To access the Members Only page you must first "Sign Up" to be approved as a valid Member of the SJCCA. Once approved, you need to "Log In" each time you enter the Members Only page. **For Help - click on the "Help" button below the Members Only menu tab.** 

3300 Fourth Ave, Saint James City, FL, 33956 (239) 283-0242

Check out the SJCCA website