



# January 2020 Newsletter

Saint James City Civic Association

PO Box 605 / 3300 Fourth Ave, St. James City, FL 33956

Phone: (239) 283-0242 Email: [info@sjccapi.org](mailto:info@sjccapi.org)

**WE WISH YOU ALL A HEALTHY, HAPPY 2020!**

Dear Members, Friends and our Pine Island Community:

Thank You for your continued support and contributions that make the SJCCA such a great place! We all benefit from the wonderful people of our Pine Island family.

Those that share their time and kindness to bring us together are truly special folks, we **Thank You** for all you do - we wouldn't be here without you

Looking forward to another year of activities and events - if you haven't been to the SJCCA, our **Open House is on January 19th at 1:00pm**. Please stop by and find out what you are missing!

**Board of Directors, SJCCA**

## **Women's Safety Workshop - presented by Joanne Correia**

For the 2nd Time, St James City Civic Association is offering a Women's Safety Workshop on **Monday January 27, 2020 from 6 to 9 pm Cost is \$20**. Scholarships are available.

Find out different ways to **make your location less of a target** and **learn how to use everyday items for self defense**. Learn current online safety strategies that help protect privacy and hidden

online dangers and how to avoid them. Discuss personal travel safety tips from driving home to international travel. Lower your risk while dating or in other social situations.

**Agenda is as follows:**

- Definitions and the Law, Understanding Risks in Today's World
- Home, Car, Public Transportation, Travel Internet and Socializing
- Common Sense Demonstrations of Women's Defense & Fighting

Joanne Correia is the founder of Common Sense Safety Classes and a globally recognized speaker for more than 30 years. As a 2nd Degree Black Belt in Tai Kwon Do and one of the leading instructors for the National Academy of Self Defense Education. Joanne enjoys her time teaching RAD (Rape Aggression Defense) Systems training programs in Basic, Advanced, Weapons and Keychain Defense.

For more than 20 years, Joanne has run women, senior and children's safety programs and taught American Red Cross First Aid and AED/CPR. For exercise and fun, Joanne teaches Body Goove, Zumba and Dance classes. She is a retired Vice President at Gartner Inc, a leading research firm in the Technology Industry. Joanne is a member of the American Legion Auxiliary, Legion Riders, SJCCA, and the Matlacha Hookers.

**Contact: Joanne Correia 603.494.0780 joannecorreia179@gmail.com**

## Activity News!

### Book Club

Dear Readers,

It is always good to see you at the meetings, and those who were not able to attend, we miss you. Thank you always to Karen for writing the articles which are printed in the Eagle. Thanks to all who help set up and take down the chairs and tables. It certainly makes for an appreciated quick turnaround for the next activity which needs the space.

Thank you, Karen, for facilitating the discussion of **The Rent Collector** on Monday. Some of us read this many months ago, and appreciated the notes taken to help jar our memories! I just finished rereading it (very unusual for me), and found much more to think

Our February 10 book choice is **Beartown, by Fredrik Backman**. It is the story of a small town, hockey, and the world! We will use the cube to lead our discussion.

Carol

....

### **The Nickel Boys, Colson Whitehead**

Elwood Curtis is a straight-laced and principled boy growing up in the black neighborhood of Frenchtown in Tallahassee, Florida. He works hard and has dreams of participating in the black civil rights struggle. An unlucky encounter lands him in Nickel Academy, a state-sponsored reform school for boys.

On first glance, Nickel appears innocuous, with its neatly kept lawns and red-brick buildings, but harsh and horrific realities gradually set in.

about, and much to appreciate.

It is time to get your copy of **The Nickel Boys**, by **Colin Whitehead**. The residential facility this book is about was in northern Florida, and was in the news just a few years ago. Thank you, Delores for suggesting and leading discussion on January 13, 9-10:30 a.m.

### **Beartown, Fredrik Backman**

Beartown explores the hopes that bring a small community together, the secrets that tear it apart, and the courage it takes for an individual to go against the grain.

### **Golden Brush**

**Tuesdays 10:00am - 1:00pm**

#### **ORDER OF THE GOLDEN BRUSH**

SJCCA'S longtime painting group welcomes you on Tuesday morning at 10. Whether you are a novice or experienced, bring yourself and your paints, pencils or crayons and celebrate a new decade and discover your artistic self.

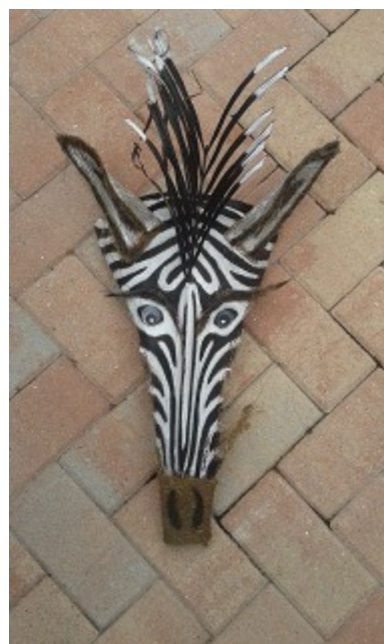
#### **AND..GOLDEN BRUSH sponsors Workshops this month:**

- January 14th 1 to 4 with **Joan Roberts**. Acrylics Beach Scene. \$30
- January 21st 1 to 4 with **Heidi Montgomery**. Palm Frond Creatures of your choice. \$65

**Registration/Information: Linda 239.283.5207**

#### **Joan Roberts - Acrylic Beach Scene**

#### **Heidi Montgomery - Palm Frond**



### **Easy Does It Line Dancing**

**Mondays 4:00 - 5:45pm**

**Easy Does It Line Dancing with Chris Miley** will continue every Monday afternoon from 4 to 5:45, until April. The first half of the class will continue to be dedicated to our newest dancers, and newcomers are welcome at any time. Following a short break, the second half of the class will feature dances with a bit more challenge. You don't need a partner or special equipment, just comfortable shoes. Dancing is fun, it's social, it gets us moving, and it is mentally stimulating. Hope to see you on the dance floor!

**Class cost: \$5 for members, \$7 for non members. Contact: Chris Miley**

## **Cribbage**

**Thursdays 6:45 - 9:30pm**

The cribbage gang is playing on Thursdays - Beginners and wannabes are very welcome!

**Mike Mulder mikeandsue3713@gmail.com**

## **Ping Pong**

**Mondays & Thursdays 9:00 - 11:00am**

Ping Pong is in full swing. Come on out and challenge George! We have 2 tables for singles and doubles play (depending on the number of players).

**Cindy Bickford**

## **\*\*NEW\*\* Triple Play**

**Mondays 1:00 - 4:00pm**

We meet at 1:00 on Mondays for **triple play Canasta**, also called, hand, knee and foot. It's \$2.00 for members and \$4.00 for non-members, which means it's a great time to join! I'm still learning but it's a very fun game and our noisy card shuffler didn't seem to bother the bridge players in the big room, thank goodness. We have 8 players for teams and more have expressed interest.

**Peggy & Mike Finley**

## **Euchre**

**Wednesdays 6:30 - 8:30pm**

Greetings, Euchre Fans!

The Euchre group meets on Wednesday evenings from 6:30 to 8:30. The meetings are always casual with a lot of chatter and laughter. Whether you're an old hand at playing or are completely new to the game, you're welcome to join us. We will gladly teach you all about it. (well, some of us may not share all our secret strategies)

**For more information, contact Darlene Bender (260-437-4392) or Jan Robertson (218-340-2343)**





**Jan Robertson Darlene Bender Rich Robertson  
Making "Euchre" fun for everyone!**



**Don't let those pretty smiles fool you!  
Claudia, Heather and Kathryn play to win!**

## Island Crafters & Knitters

Wednesdays 8:00am - 12:00pm

Join the Island Crafters and bring out your inner creativity! We are always looking for new ideas - our group has a wide variety of talents to share.

Just look at the results of our "holiday" inspired creations -

**Contact: Audrey Wade  
audreywade340@gmail.com**



**Festive Holiday centerpiece!**



**Island Crafters making beautiful ornaments!**



**Faith Rodenkirk crafts a festive  
Holiday centerpiece**

**Island Crafters has expanded to include Knitters & more!** Ellie Fenyohazi would like to invite all those who knit, crochet, quilt to join this new section of crafters. Also, if someone has any yarn they don't use, we will put it to good use creating items we plan to donate! Just drop it off at the CCenter and let them know it is for **Island Knitters**.

**Contact: Ellie efenyohazi@yahoo.com**

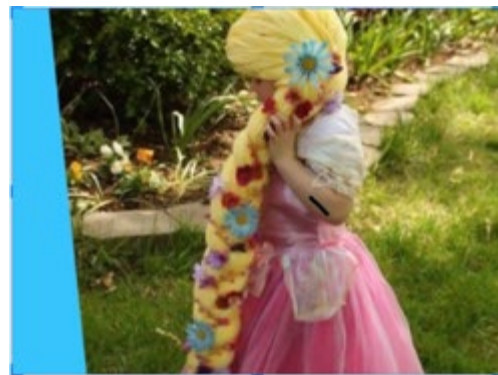


**Island Knitters** plan to donate:

- hand made wigs & hats to cancer patients
- blankets for newborns
- "lapgans" for nursing home patients

All knitters, crocheters, quilters are welcome to join us! Meet new friends and brighten someone's day with your hand made creation.

If you would like to learn how, we would love to teach you! **Stop by Wednesdays 8:00am - 12:00pm** and check us out.



**Photo Club**

**Jan 13th 2nd & 3rd Mondays 7:00 - 8:30pm**

Meet to discuss photography.

**Andy Bergsten (617-347-5086)**

**Yoga Tune Up Class**

**with Michelle Jordahl**

**Mondays 11:00am - 12:00pm**

Regulars experience the benefits of myofascial release from working with Michelle and her





### Yoga Tune Up Balls.

Greg, who runs full marathons, (49 to date), comments, "I really appreciate Michelle's classes with gentle stretching and her Tune Up Balls and what they do for me." Learn how to Feel Better In Your Body!

**Michelle is a certified Roll Model Method  
®and Yoga Tune Up ® Teacher**

### **\*\*NEW\*\* You Move Me Yoga**

**Fridays 9:00 - 10:15am**

Welcome yoga into your life with **Sandi Wanner, Kripalu trained instructor**. Kripalu Yoga is a challenging approach to asana practice that emphasizes meditation and breathwork, and encourages inward focus and spiritual attunement.

If you've never tried a yoga session, this one's for you. Careful and Clear Instruction, Gentle Stretching, Calm Breathing and Deep Relaxation. This class introduces you to the benefits of an exercise form available to us all.

Be kind to yourself and come explore **You Move Me Yoga!**

**Instructor: Sandi Wanner (239-247-3660)**

**Here is our schedule of activities and events** for the upcoming season. Please **check the calendar** on our website or on our Facebook page (links are on the bottom of this newsletter) frequently to verify if there have been changes/cancellations/additions to the schedule.

The schedule will be updated with each newsletter, but the calendar will reflect the most current information. Most activities are \$2 per member of the SJCCA and \$4 for non-members.

**If you have questions** and would like to **contact the Activity / Event Leader**, members of the SJCCA are encouraged to sign up for access to the "members only" page on our website for contact information. **Contact information is also on the bulletin board** at the civic center. Or email us [info@sjccapi.org](mailto:info@sjccapi.org) and we will forward your request to the appropriate person.

## 2019 - 2020 Schedule

## Activity Information

**Book Club** - second Monday each month - 9:00 - 10:30 am *Carol Roscher*  
**Bridge: Mondays - Happy Islanders** - 12:30 pm *Kay Winter / Mary Tobias*  
**Wednesday- Slambidders** - 12:30 pm *Joyce Coryell*  
**Fridays - Open Bridge** - 7:00 pm *Bonnie Love*  
**Cribbage** - Thursdays (Nov - Apr) 6:45 - 9:30 pm *Mike Mulder*  
**Dominoes** - Tuesdays 6:30 - 7:30 pm (currently full - call first) *Fran Wolford*  
**Golden Brush** - Tuesdays 10:00 am - 1:00 pm *Linda Selleck*  
**Island Crafters** - Wednesdays 9:00 am - 12:00 pm *Audrey Wade*  
**and Knitters!** *Ellie Fenyohazi*  
**Euchre** - Wednesdays 6:30 - 8:30 pm *Darlene Bender / Jan Robertson*  
**Exercise** - Tuesday and Thursdays 8:30 - 9:30 am *Jodee McCollum*  
**Line Dancing** - Mondays (Dec - Apr) 4:00 - 5:50 pm *Chris Miley*  
**Mah Jongg** - Thursdays 1:00 - 4:00 pm *BJ Skribiski*  
**Ping Pong** - Mondays and Thursdays 9:00 - 11:30 am *Jim Sullivan*  
**Photo Club** - second & fourth Mondays Jan thru Mar 7:00 - 8:30 pm *Andy Bergsten*  
**Shuffleboard** - Tuesdays and Fridays 9:00 am *R Cleenput / Mike Schreiber*  
**Triple Play** - Mondays 1:00 - 4:00 pm *Peggy & Mike Finley*  
**Yoga Tune-Up with Michelle Jordahl** - Mondays 11:00 am - 12:00  
**You Move Me Yoga with Sandi Wanner** - Fridays 9:00 - 10:15 am

## Events and Gatherings

**Big Breakfast** - Nov 16, Jan 18, Feb 15 & Mar 14 Sat morning *Denny Dekker*  
**Rummage / Plant Sale** - Nov 16, Jan 18, Feb 15 Sat morning *Anne Sayer / Jeanne Workman*  
**Annual Holiday Breakfast** - Dec 14 Sat morning *Denny Dekker*

**Concerts:** **American Pie Revisited** - Dec 8, Sunday 6:00 pm *Cindy Bickford*  
**Verlon Thompson** - Jan 19, Sunday 6:00 pm *Cindy Bickford*  
**Uproot Hootenanny** - Feb 16, Sunday 6:00 pm *Cindy Bickford*  
**Dueling Pianos** - Mar 15, Sunday 6:00 pm *Cindy Bickford*

**Open House** - Jan 19, Sunday 1:00 - 3:00pm *Carlos Gomez*  
**Card & Game Party** - *Pat Johnsen*  
**Photo Expo** - Feb 29 Artist Viewing 7:00pm / Mar 1 Expo, Sunday 10:00am - 3:00pm  
*Andy Bergsten*  
**Breastfest** - Mar 14, Saturday *Jodee McCollum*  
**Mah Jongg Tournament** - *Mary Halbleib*



**Pickin' in the City** - 1st & 3rd Sundays Jan-Mar 2:00 - 4:00 pm *Cindy Bickford*


**Golden Brush Workshops:** *Linda Selleck*

**Joan Roberts** - Jan 14, Tuesday 1:00 pm - 4:00 pm

**Heidi Montgomery** - Jan 21, Tuesday 1:00 pm - 4:00 pm

**Remember to check our calendar** for new activities and events, changes or cancellations. The calendar can be viewed and printed from our website - click the link at the bottom right of the newsletter!

## Reminders and Clarifications

 If you have ideas, suggestions, pictures or articles for our newsletter, our website, or our Facebook page, please contact us! We want to know how we are doing and if we can improve. Feel free to share your news or celebrations with other members in our newsletter  
- Email: [info@sjccapi.org](mailto:info@sjccapi.org)

**\*\*SJCCA Contact Information:** A list of contact information is located on a **new page** that is private and can only be viewed by **registered members of the SJCCA** - **click on the "Help" button below the "Members Only" tab for instructions.** We will continue to post contact information on the bulletin board at the Civic Center if you do not wish to register as a member on the website. Inactive members and the public can complete the "Contact Us" section on our website and their inquiry will be forwarded to the appropriate contact person.

**\*\*A Members Only page** was created to provide our members with information such as financial reports and minutes to board/association meetings. To access the Members Only page you must first "Sign Up" to be approved as a valid Member of the SJCCA. Once approved, you need to "Log In" each time you enter the Members Only page. **For Help - click on the "Help" button below the Members Only menu tab.**

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